

Parents, Carers and Young People Weekly Round Up Issue: 27 DSPL 1 (North Herts)

nhdspl@wilshere.herts.sch.uk (please email if you need the flyers or further information)Updates and Resources (nhdspl.org.uk) Find us on Facebook and Twitter



NEW <u>Tips & Tools to Manage Anxiety - FREE ONLINE WORKSHOP Tickets, Thu 23 Jun</u> 2022 at 19:00 | Eventbrite

NEW <u>Tips & Tools for Positive Behaviour - FREE ONLINE WORKSHOP Tickets, Mon 27 Jun</u> 2022 at 10:00 | Eventbrite

NEW Preparing for Adulthood (14+) FREE ONLINE WORKSHOP Tickets, Tue 28
Jun 2022 at 10:00 | Eventbrite

NEW ONLINE SUPPORT GROUP for Parents/Carers of Primary Aged Children
Tickets, Tue 28 Jun 2022 at 13:00 | Eventbrite

NEW Understanding Neurodiverse Teens - FREE ONLINE WORKSHOP Tickets, Thu 30 Jun 2022 at 19:00 | Eventbrite

NEW Tips & Tools to Support Social Skills - FREE ONLINE WORKSHOP Tickets, Mon 4 Jul 2022 at 10:00 | Eventbrite

NEW Thinking about College? - FREE ONLINE WORKSHOP Tickets, Tue 5 Jul 2022 at 10:00 | Eventbrite

NEW ONLINE SUPPORT GROUP for Parents/Carers of Secondary Aged Children Tickets, Tue 5 Jul 2022 at 19:30 | Eventbrite



Supporting Children with ASC/ADHD: Emotionally Based School

Avoidance Nessie Public Booking Platform (procfu.com)

Supporting Children and Young People who 4 July Nessie Public Booking

Platform (procfu.com) are gender questioning

Supporting Children and Young People who are $\mbox{\it gender questioning}~7$

July Nessie Public Booking Platform (procfu.com)

Supporting Children and Young People in the **LGBTQ+ Community** for Parents/Carers Nessie Public Booking Platform (procfu.com)





NEW 28 June - Workshop Managing Meltdowns (VIRTUAL) 10am to 12pm

NEW 30 June - Workshop Managing Meltdowns (FACE TO FACE - Stevenage) 10am to 12pm

NEW 5 July - Parent/Carer Support Group (VIRTUAL) 10am to 12pm

NEW 7 July - Q&A on Education Issues - EHCPS, Graduated Response, etc (FACE TO FACE - Stevenage) 10am to 12pm

NEW 12 July - Techsafe Workshop - finding your tribe online (VIRTUAL) 10am to 12pm

NEW 14 July - Parent/Carer Support Group (FACE TO FACE - Stevenage) 10am to 12pm & (VIRTUAL) 7:30PM TO 8:30PM

NEW 19 July - Parent Carer Support Group (VIRTUAL) 10am to 12pm

NEW 21 July - Knowing your rights (FACE TO FACE - Stevenage 10am to 12pm

Home - Angels Support Group

NEW SPACE Hertfordshire Volunteering Presentation Tickets, Thu 30 Jun 2022 at 19:00 | Eventbrite

NEW Mental Health in Neurodiverse Children and Young People Tickets, Tue 5 Jul 2022 at 18:00 | Eventbrite



NEW Online Lego Club Tickets, Wed 6 Jul 2022 at 18:00 | Eventbrite
NEW Navigating the SEND World Tickets, Thu 7 Jul 2022 at 10:00 |
Eventbrite



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NEW Starting SPACE Tickets, Fri 8 Jul 2022 at 10:00 | Eventbrite

NEW Online Cookery Session Tickets, Mon 11 Jul 2022 at 17:30 | Eventbrite

NEW Autism and Complex Needs Workshop Tickets, Thu 14 Jul 2022 at

10:00 | Eventbrite



Talking ASD & ADHD: Anxiety and Stress. For parents/carers in Herts (511)

Registration, Tue 28 Jun 2022 at 19:30 | Eventbrite

Talking ASD and ADHD: The teenage years. For parents/carers in Herts (515)

Registration, Tue 5 Jul 2022 at 19:30 | Eventbrite

Talking ASD and ADHD:Responding to Anger. For parents/carers in Herts (512) Registration, Wed 13 Jul 2022 at 09:30 | Eventbrite



NEW School transitions to new class and SEND (under 11s) 4 July 7pmto 9pm NEW Transition planning during the holidays for back to school 11 July 10am to 12pm

NEW Support and planning for getting out and about in the summer holidays (under 11s) 13 July 9:30am to 11:30am

NEW Guide to Hertfordshire SEN support services 14 July 10am to 12pm NEW Surviving the summer holidays with children with SEND 14 July 7pm to 9pm

NEW Wills and Trusts with Richard Horwood, Longmores Solicitors 19 July 7pm to 9pm

NEW Let's pop the kettle on - SEND chat, giggles and a cuppa 20 July 9:30am to 11:30am

<u>Hertfordshire Community</u> NHS Trust

<u>Children's Wellbeing Practitioners Service | Hertfordshire Community NHS Trust (hct.nhs.uk)</u>

<u>Supporting Your Child's Self-esteem Tickets, Tue 28 Jun 2022 at 18:00</u> | Eventbrite

NEW Supporting Your Child With Sleep Difficulties Tickets, Tue 12 Jul 2022 at 10:00 | Eventbrite

NEW Supporting Adolescents with Sleep Difficulties Tickets, Tue 12 Jul 2022 at 18:00 | Eventbrite

NEW Supporting your child's emotional wellbeing and ability to selfregulate Tickets, Wed 13 Jul 2022 at 18:00 | Eventbrite



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Parent/Carer Wellbeing Event

Providing a FREE opportunity for parents/carers of autistic people to explore their own wellbeing.

8 July 2022, 1pm to 4pm at Welwyn Civic Centre

Carers in Hertfordshire

Email: contact@carersinherts.org.uk

Phone: 01992 58 69 69

Learning Disability Carers Training - Care Plan Reviews

Learn how to get the best out of Care Plan Review meetings and understand the legal status of Care Plans. Sam Wood-Ede, Direct Payments Manager at HCC will be at the session to answer questions.

28 June 1pm to 3:30pm

Bookings: <u>Learning Disability Carers Training - Care Plan Reviews</u>

(carersinherts.org.uk)

CAMHS Online Support Group - Talking to your Teenager [suitable if child is accessing CAMHS service] Learn to communicate more effectively with your teenager, gain a better understanding of the teen brain.

5 July 7pm to 9pm

Bookings: CAMHS Online Support Group - Talking to your Teenager

(carersinherts.org.uk)



Services for Young People North Herts Project for Young People with Learning Disabilities at Hitchin young People's Centre

Ages 13-17

Wednesdays, 6:30pm to 8:30pm

Term Time Only

Bookings always needed - FREE

Hitchin Young People's Centre, Nightingale House, Nightingale Road,

Hitchin SG5 1SD

sfyp.northherts@hertfordshire.gov.uk / 01438 843340 or text: 07860 065

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The Hertfordshire Local Offer

