

### Overview update

*Charlotte Field left our team at the end of term. The DSPL1 team presently consists of myself, Debbie Robins (Administrator) and Tony Plunket (Lead School). I continue to be available either via email or phone to help support and signpost schools.*

*The summer term saw us continuing to work with NESSie to provide ongoing support and training. We also attended SEND clusters and Panel. We continue to work collaboratively with ISL and county, to support targeted schools, and with the behaviour teams, Nessie and FSW to support our pupils with the highest levels of need.*

*Transition 'Speed dating' took place. The feedback from those schools that attended was very positive as it provides an excellent opportunity to share information face to face. Moving forward this will be the preferred format for sharing individual information with Secondary schools. Please see further details later on in this Newsletter.*

*From Autumn 2019 our SENCo briefings will provide the county SENCo update and an opportunity to meet with professionals to discuss individual, group or school needs. More details of this along with how to book will be sent out closer to the date.*

**Emma Russell, Delivery Manager**

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### Early Years Support

We are aware that it is not always possible or easy for our PVI and Nursery Settings to come along to a SENCO Forum. There are Early Years Network and Cluster meetings that take place. A DSPL 1 representative attends the Cluster meetings. Please contact Geraldine Stygal, Early Years ISL Inclusion Development Officer:

[Geraldine.Stygal@hertfordshire.gov.uk](mailto:Geraldine.Stygal@hertfordshire.gov.uk) or 01438 844310 for more information.

#### Dates for your diary

**Early Years SENCO Training** – non-accredited SENCO/KEY Person training for all those wishing to be an early years SENCO/KEY Person. One Day training at Longfield Training Centre (next to John Henry Newman School, Stevenage). Monday, 11 November 9:30am to 3:30pm (please bring drinks & lunch) – contact Geraldine for enquiries/booking.

**Early Years SENCo Cluster** – 'Using signing in your setting'. An interactive signing workshop with songs and resources to take away. 13 November, 1pm to 3pm at Letchworth Garden City Partnership Pod (for further info please contact Geraldine)

**FREE Early Years Training** – Supporting Children with Autism & Social Communication Needs. One day training suitable for EY Teachers, SENCos/INCoS, Managers/Snr Leaders, Early Years Practitioners, Nursery Nurses, Teaching/Learning Assistants – Dates are available all year, this term: 26 September or 14 November. Bookings:

[CommunicationandAutismTeamISL@hertfordshire.gov.uk](mailto:CommunicationandAutismTeamISL@hertfordshire.gov.uk). Please see DSPL website for full flyer – or contact Debbie Robins, DSPL 1 Administrator for a copy ([nhdspl@wilshire.herts.sch.uk](mailto:nhdspl@wilshire.herts.sch.uk))

### New Look SENCo Forums 2019/20

#### Key Changes:

**Time** (*please note changes*)

1pm to 4pm

1pm to 2pm –professionals, local updates & networking

2pm to 4pm Hertfordshire SEND Briefing

#### When

Tuesday, 10 December 2019

Tuesday, 24 March 2020

Thursday, 2 July 2020

#### Where

William Ransom Primary School  
Stuart Drive, Hitchin SG4 9QB

#### Who

SENcos plus any member of staff supporting children.

#### Booking

You will need to reserve your place.

All booking will be through the website, click here to book:

<https://nhdspl.org.uk/home/forums/book/83-senco-forum.html>

### DSPL 1 Support with ENF

As a DSPL we are able to provide support in the following ways:

- Signposting to appropriate services.
- Termly SENCo briefings to keep staff updated on County strategy.
- Collaborative working between NESSie, Behaviour Support Teams and Family Support Workers.
- Collaborative working with ISL and other professionals.

#### Ways to make your application stronger.

There are a number of ways that you can make your applications as strong as possible:

- Attend pre-cluster and cluster meetings, even if you do not have a case this gives you a good example of what good applications look like and feedback helps support future applications.
- Pair up with an experienced SENCo who has had good results from ENF.

As a DSPL the main purpose of this role is to liaise with all stakeholders in the DSPL 1 area and provide feedback. We are unable to support individual schools with writing applications. This would be both unworkable (we do not have capacity to support all the schools in the area) and as I sit on the ENF panel it would be unethical and be a conflict of interests.

**Emma Russell, Delivery Manager – DSPL 1.**

### FSW Forums - Family/Parent/School Support Workers

**Times: 1pm to 2:30pm**

(*please note change in time*)

**Venue:** The Pod, Letchworth Garden City Partnership Pod, Northfields Infant and Nursery School, Burley, Letchworth SG6 4PT

*Where possible NESSie Team members will join us.*

*Please do not hesitate to contact me with any contacts you would like to invite. Debbie Robins*

[nhdspl@wilshire.herts.sch.uk](mailto:nhdspl@wilshire.herts.sch.uk)

Thursday, 5 December 2019

Wednesday, 29 January 2020

Thursday, 26 March 2020

Wednesday, 6 May 2020

Wednesday, 24 June 2020



### **“SPEED DATING” – Primary to Secondary Transition Meetings**



From this year this will be your ONLY opportunity to speak to Secondary SENCos about transition and it is vital that you attend in order to ensure the best transition.

#### **What is ‘Speed-dating’?**

These are our Primary to Secondary transition meetings between SENCos for participating Secondary Schools in North Herts. It is the opportunity to pass on information for SEND children. Please note that any matters that are Pastoral are not discussed at these meetings.

#### **Secondary Schools:**

- Knights Templar
- Fearnhill
- The Highfield
- The Priory
- Hitchin Boys School
- Hitchin Girls School

#### **How does it work?**

A day is set aside at The Pod in Letchworth. The Secondary SENCos are based there for the day and Primary SENCos are allocated time slots to drop in and discuss pupils. DSPL 1 organise the date and venue. Time slots are booked via Emma Russell, Delivery Manager.

#### **When is it?**

Proposed date Tuesday, 28 April 2019 between 9am and 3:30pm at Letchworth Garden City Partnership Pod, Letchworth. Early means pupils can be included in Secondary transition programmes and extra transitions.

#### **How do I book?**

An email will be sent to all SENCos confirming all the details. You will be able to book a place via Emma Russell, Delivery Manager ([nhdspmanager@wilshire.herts.sch.uk](mailto:nhdspmanager@wilshire.herts.sch.uk)). Time slots will be allocated to you.

#### **What if I only have one pupil to discuss?**

We appreciate that for a Primary School SENCo this will mean taking time away from school rather than a telephone call. However, this may be the case for a number of Primary schools and will have time implications on a Secondary school SENCo. We hope by giving enough time ahead of the date that you will be able to plan accordingly. Emma will also be visiting headteacher meetings and will reiterate this.

#### **YMHFA Training**

#### **Youth Mental Health First Aid**

FREE Training – For Mental Health Leads and/or deputy in schools or other pastoral staff. Due to the high demand for this course, places are limited to one representative per school. Outcomes: Spot the early signs of mental health problem, feel confident helping someone experience a mental health problem, guide someone to the right support, reduce the stigma of mental health problems. [see flyer on DSPL 1 website for full details]. The course is funded by CAMHS Transformation, there is a cancellation policy in place. There are two sessions in North Herts (Sept & Feb), sessions are also available across the County. BOOKINGS: [SchoolMHTraining@hertfordshire.gov.uk](mailto:SchoolMHTraining@hertfordshire.gov.uk)

### NESSie

North herts Emotional Support in schools Service

Recognition, effective management and early intervention

[www.nessieined.com](http://www.nessieined.com)

It has been fantastic getting to meet schools and to give more information about NESSie and the partnership with DSPL1. Schools have been very receptive to the new intervention and have reiterated the need for funded services at this economically challenging time. It was great starting to work with young people last term. One area to be looked at and that will speed up the referral process for this term, is if all the paperwork is completed when the referral is sent in. This includes a scored parent and teacher SDQ's as well as a completed referral form.

Becky has been busy this term going to secondary schools offering support and supervision when the need arises and providing training and consulting with other agencies to support their need.

Looking forward to meeting new schools and working with more young people this term.

- The NESSie Team



**Becky Wilburn**

North Hertfordshire Lead Coordinator and Supervisor  
bwilburn.nessie@kjar.org.uk



**Natasha Crook**

North Hertfordshire Area Coordinator and Arts Therapist  
ncrook.nessie@kjar.org.uk



**Sarah Booth**

North Hertfordshire Area Coordinator and Arts Therapist  
sbooth.nessie@kjar.org.uk

#### Training...

1 FSW Forum and 1 SENCo Forum was attended this term

16 member of staff are now trained in Brick Club

17 members of staff attended Anxiety in Early Years

16 attended a workshop for parents: Building Confidence and Resilience in Children

18 attended a NESSie Staff Breakfast Forum

10 attended Parenting a Family through Divorce, Separation and Blending

#### We also...

Attended FSW meetings

Met with voluntary agencies (i.e. Barnardo's)

Attended Behaviour team meetings

Followed up post workshops through meeting with staff and parents

Offered advice and suggestions to staff

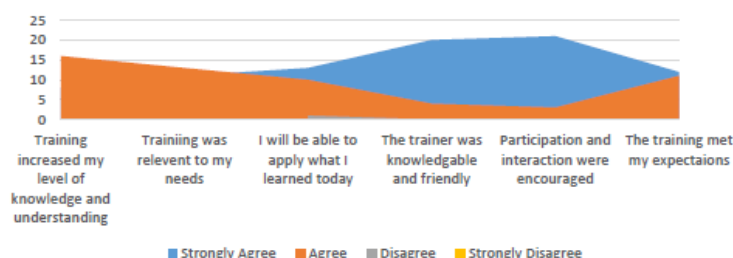
Met with parents

Met with various schools staff, SENCo, Pastoral Support, Class teachers etc.

Had email consultations with FSW and SENDCos

#### Feedback...

Feedback from Trainings



Overall rating



### NESSie has 4 legs:

#### 1. Student Support, 0-25 year olds

We provide quality assured arts therapists and counsellors who have experience working in a range of settings including early years, nursery, primary, secondary schools and special educational needs (SEN) settings. We work both 1-1 and in groups, commissioned locally or funded directly by schools.

#### 2. Staff Training and Support Forums

Staff Forums offer support and information sharing. Themes arise from the needs of the group which may include emotional literacy, anxiety and resilience, bereavement, understanding attachment behaviours and sharing good practice.

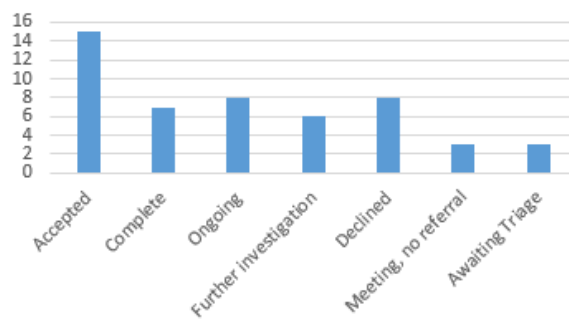
#### 3. Linking closely with outside agencies

These services include schools, local CAMHS commissioners, National funding bodies, DSPL management groups, local mental health and well-being groups and services. We are affiliated with the Anna Freud Centre, The Judge Business School (Cambridge) and Anglia Ruskin University (Cambridge)

#### 4. Parent/Carer Support Forums

Parent Forums have been developed locally as a platform where ideas and experiences can be shared and supported. Training, advice and information is provided by qualified therapists, and is an opportunity to network and connect with other parents.

### Referrals



#### Why some referrals were declined:

These children demonstrated little emotional health need or where already under CAMHS.

These referrals were followed up with a decision email and, when appropriate, a consultation meeting.

#### Refusal to engage:

Of the accepted referrals, one child was referred for alternative support to meet their specific need.

"We have referred more children to Nessie and hope to access this fantastic resource again."  
SENCo

### Arts Therapy Provision

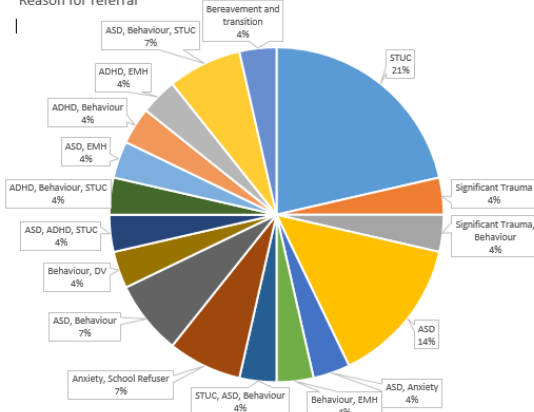


Total number of referrals received: 35

Total number of therapy sessions: 46

Average number of sessions per child: 4.6

#### Reason for referral



### DATES FOR YOUR DIARY

**Parent Training: 15 October 2019 – My World & Me 9:30am to 11:30am.**

**Breakfast Forum 12 November at Letchworth Garden City Partnership Pod from 8:30am to 10:30am.**

**NESSie will also provide:**

- Professional Training
- Parent Training/Forums
- Staff Forums on a termly basis
- Attend SENCO and Family Support Worker Forums as directed by DSPL 1.
- Available to secondary and post-16 provisions on case by case basis.

**If you have any enquiries please contact DSPL 1 Delivery Manager, Emma Russell :**

[nhdsplmanager@wilshire.herts.sch.uk](mailto:nhdsplmanager@wilshire.herts.sch.uk) or call on 07958 421871.





[www.nhdspl.org.uk](http://www.nhdspl.org.uk)

The website is being updated. Please ensure your setting has a link to this for useful updates.

**Book your place on forums and training.**

North Hertfordshire

**DSPL** | Delivering Special  
Provision Locally  
*Achieving quality outcomes*

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Behaviour Support



North Hertfordshire DSPL Area 1 - Hitchin, Letchworth, Baldock and Royston

**Professional  
Training  
Courses**

**Parent and  
Carer  
Workshops**

**SENCO, FSW  
and  
NESSie Forums**

**Check correct – may need to do again  
with signposted training**

All training and forum opportunities will be emailed to schools and to parents/carers via schools. Please visit the website to see what is available and book your place.






**Does your  
school have  
a link to our  
website?**

### North Herts DSPL Contacts & Enquiries

Tony Plunkett – Lead School and Chair <a href="mailto:dspl1lead@wymondley.herts.sch.uk">dspl1lead@wymondley.herts.sch.uk</a>	Emma Russell – Delivery Manager <a href="mailto:nhdspmanager@wilshere.herts.sch.uk">nhdspmanager@wilshere.herts.sch.uk</a>
	Debbie Robins – Administrator <a href="mailto:nhdsp@wilshere.herts.sch.uk">nhdsp@wilshere.herts.sch.uk</a> <b>07527 828 477</b>

### Local Links

 Delivering Special Provision Locally Achieving quality outcomes <a href="http://www.nhdsp.org.uk/">http://www.nhdsp.org.uk/</a>	
 Hertfordshire's SEND Local Offer Services for children and young people with SEND <a href="https://www.hertfordshire.gov.uk/microsites/Local-Offer/The-Hertfordshire-Local-Offer.aspx">https://www.hertfordshire.gov.uk/microsites/Local-Offer/The-Hertfordshire-Local-Offer.aspx</a>	
 Families First Early help, brighter futures The Families First portal is a directory of organisations, services and groups in Hertfordshire that can help you with problems you or your family may be facing, before things might get worse. This is known as 'Early Help'. You may not want or need to ask for help from a professional and there's lots of support you can find yourself by looking on the portal. <a href="https://directory.hertfordshire.gov.uk/kb5/hertfordshire/directory/familiesfirst.page?familiesfirstchannel=0">https://directory.hertfordshire.gov.uk/kb5/hertfordshire/directory/familiesfirst.page?familiesfirstchannel=0</a>	
Hertfordshire SEND Information, Advice & Support Service (SENDIASS)	SENDIASS is an impartial information, advice and support service funded by Hertfordshire County Council for parents, carers, young people (0-25) and professionals. Phone 01992 555847 or email <a href="mailto:sendiass@hertfordshire.gov.uk">sendiass@hertfordshire.gov.uk</a> . Find out more at <a href="https://www.hertfordshire.gov.uk/microsites/local-offer/support/sendias.aspx">https://www.hertfordshire.gov.uk/microsites/local-offer/support/sendias.aspx</a> <a href="https://www.hertfordshire.gov.uk/microsites/local-offer/support/sendias.aspx">https://www.hertfordshire.gov.uk/microsites/local-offer/support/sendias.aspx</a>
The KIDS East and West HUBs	<b>01923 676549</b> The KIDS HUB offers information and support for parents and carers of disabled children / children with additional needs. aged 0-19 in Hertfordshire. KIDS Hub directory of SEND services has also now been published. <a href="http://www.kids.org.uk/hub">www.kids.org.uk/hub</a> HARC (Hertfordshire Branch)
Angels Support Group	Angels Support Group was formed in response to families in the community in desperate need of support for themselves and their children. All of our volunteers have children with either ADHD or an autistic spectrum disorder and are committed to providing a resource that people will find both useful and accessible, making it available to as many families as possible <a href="mailto:info@angelsupportgroup.org.uk">info@angelsupportgroup.org.uk</a> 01462 685150 <a href="http://www.angelsupportgroup.org.uk">http://www.angelsupportgroup.org.uk</a>
ADD-vance	Provide specialist information, training and advice for professionals as well as support for children, adults and families on issues relating to Autism, Attention Deficit Hyperactivity Disorder (ADHD) & related conditions. Free membership for parents and carers or professionals offers priority information on ADD-vance courses, training and workshops, carefully selected relevant and useful information. Professionals, children, adults and families can reach us for information or support via: 01727 833963 (Mon-Thurs 9am to 1pm), answer phone service at other times. <a href="mailto:herts@add-vance.org">herts@add-vance.org</a> <a href="http://www.add-vance.org">www.add-vance.org</a>
Up On Downs	Monthly Family and Friends meetings are held in Hitchin. There are also training events across the County. If you have any questions or suggestions please contact Sande or Jan at: <a href="mailto:enquiries.nhdowns@yahoo.co.uk">enquiries.nhdowns@yahoo.co.uk</a> or call 01462 630 459. <a href="http://www.upondowns.co.uk">www.upondowns.co.uk</a>
Hertfordshire Additional Needs Database	You are entitled to join HAND if you are the parent or carer of a child or young person with an additional need or disability aged 0-19. Benefits of joining include a leisure concession card, and subscription to the HAND newsletter. <a href="https://handnews.hertfordshire.gov.uk/issue-48-september-2018/news-this-month/welcome-to-your-september-hand-news">https://handnews.hertfordshire.gov.uk/issue-48-september-2018/news-this-month/welcome-to-your-september-hand-news</a>
Parents and Carers – How can you get involved?	Hertfordshire Parent Carer Involvement (HPCI) is the parent carer forum for Hertfordshire & part of a national network of parent carer forums. It is an independent parent carer led organisation. It aims to improve services for families by working alongside those providing services for children & young people with SEND (Special educational needs and disabilities) <a href="http://www.hertsparentcarers.org.uk/">http://www.hertsparentcarers.org.uk/</a>