

TALKING ASD & ADHD WORKSHOP: TECH USE

For parents and carers of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.



**Tuesday
8th February 2022
7.30 - 9.30pm**

We will help you to learn about:

How your child's diagnosis increases vulnerability online.

What you can do to support any difficulties with online behaviour.

Recognising when something is wrong.

Managing difficult conversations with confidence.

Setting and maintaining boundaries for online use.


Teaching your child to develop their own methods of regulating internet use and staying safe.

Where to access further help and support, both locally and nationally.

"A tricky subject, really well explained. Thank you."

"The best Zoom experience I have had so far!"

**An online parenting workshop
delivered to your home via
Zoom**

Full details on how to access and use this will be offered. 

**Open to parents and carers
across Hertfordshire**

**Pre-booking essential via
Eventbrite**

<https://www.eventbrite.co.uk/e/talking-asd-and-adhd-tech-use-for-parentscarers-in-herts-registration-210563078837>

**Or contact Supporting Links
[QUOTING REFERENCE SL488](#)**

01442 300185

info@supportinglinks.co.uk

www.supportinglinks.co.uk

Follow on:



This workshop is provided free to parents
by Hertfordshire County Council

