



North Herts Emotional Support in Schools Service

February 2016

NESSIE UPDATE:

Schools Audit:

Thank you for completing our schools audit. With the exception of a couple of schools the process has been completed. If your school hasn't submitted the audit please send it by email to R.Lambie@rsat.org.uk asap so that you are on the register. We are currently collating the audit which will allow a general overview of the impact of emotional need across schools within North Herts. Once your area co-ordinators are in post we can continue to refine the data.

Recruitment:

Self Harm. We are pleased to announce that we have successfully recruited a Self-Harm specialist. This is a one year, fixed post funded by North Herts Public Health District.

Area Co-ordinators. We will be posting an advert for two area co-ordinators in the next week on Teaching in Herts and we look forward to recruiting two further members to the team. The area co-ordinators will be assigned to your schools one in Hitchin and Baldock, and one in Letchworth and Royston. Your area co-ordinators will be coming to meet your schools during the Summer Term.

We continue to recruit quality assured freelance Arts psychotherapists (music, art and drama) to our team as well as children & young people's counsellors. If anyone is interested in joining our team please email Rachel Lambie at R.Lambie@rsat.org.uk for further information.



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Training:

DSPL Area Group 1 have provided some excellent emotional health training this term which has proved very popular. Sadly, we have had some non-attendance at the workshops. We ask that you give 48 hours notice where possible if you are unable to attend to allow places to be reallocated. The following workshops will be repeated next term, dates to follow :

- ◆ Emotional Wellbeing
- ◆ Self Esteem
- ◆ Simple Therapeutic Techniques
- ◆ Working with Anxiety
- ◆ Triggers to Anger

We look forward to seeing you all and introducing your co-ordinator next term

Best wishes

Rachel Lambie

NESSIE Timeline 2016

