

# NESSie



Supporting Positive Mental  
Health in Schools

Recognition, effective management and early intervention

[www.nessieined.com](http://www.nessieined.com)

NESSie is pleased to present the following FREE workshop with Becky Wilburn,  
NESSie Area Co-ordinator:

## FREE Parent Workshop

### My World & Me – NESSie early intervention programme for children with Social and Communication difficulties

Tuesday, 18 June 2019

9:30am to 11:30am



Come along and find out about this early intervention programme for children with Social and Communication difficulties. It aims to develop emotional literacy and 'self-soothing' techniques.

- Develop an understanding of emotional literacy.
- Find out about 'self-soothing' techniques.
- Look at coping mechanisms.
- Positive focused holistic approach to build self-esteem and confidence.

**How to Book:** You can book your place online: <http://nhdspl.org.uk/> (You can contact Debbie Robins, DSPL 1 Administrator with enquiries: [nhdspl@wilshere.herts.sch.uk](mailto:nhdspl@wilshere.herts.sch.uk) / 07527 828 477)

**Where:** Letchworth Garden City Partnership Pod, Northfields Infant and Nursery School, Burley, Letchworth SG6 4PT.

DSPL 1  
North Herts; Baldock, Hitchin, Letchworth &  
Royston  
[www.nhdspl.org.uk](http://www.nhdspl.org.uk)

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