Is your child aged 18 months to 3 years?

## Hertfordshire Community NHS

**NHS Trust** 

Do you have questions about your child's speech and/or language skills?

Would you like top tips on how to support your child's speech and language development? Want to know how to boost your child's communication skills?

# Then book on to our EARLY TALK course!



### What's Involved?

We promote strategies to support communication through different types of play:

Week 1 - Pretend Play

Week 2 - Sound Play

Week 3 - Messy Play

Week 4 - Books

Week 5 - Physical Play

My child already sees a **Speech and Language** Therapist in your service. **Can I come anyway?** 

No, if your child is already under our service it is best to discuss how you can help your child with your current therapist.

Hertfordshire Family **Centre Service** 



#### What do you need to know?

We need at least 1 parent/carer to come with your child for every session.

The sessions are mostly free play with your child, but we will discuss and model all of the strategies with you while you play together, and give you other activity ideas.

We'll support you to practise key strategies with you while you play together.

call

Is it the same as an initial assessment or 'drop-in' clinic? No. This is a course for parents/carers. It is not intended to replace a child's face-to-face.

#### Can I bring my child and his/her siblings?

Where possible we ask that siblings do not attend as numbers are restricted and the session ideally requires 1:1.

@ Chestnut Tree Family Centre Every Tuesday 5th March - 2nd April (booking required) 10.00am - 11.30am For more information or to discuss suitability Chestnut Tree Family Centre: 01462 685304

**Believe** in children Barnardo's