

Anxiety in Early Years



**Supporting Positive Mental
Health in Schools**

TRAINING OVERVIEW

Building confidence and resilience in young children

This forum is designed to give professionals working with young children, the opportunity to explore and discuss the issues around anxiety.

The aim of the session is to help develop a better understanding of feelings and the ways in which they can support children develop confidence and resilience. This training would be suitable for staff working within Early Years Settings.

DATE & VENUE

**Wednesday, 21st November
9:30-12:00**

Letchworth Garden City Partnership
Pod, Northfields Infant and Nursery
School, SG6 4PT

BOOKING INFORMATION

**Please book through the following
link:**

**[http://nhdspl.org.uk/home/event-
list.html](http://nhdspl.org.uk/home/event-list.html)**

North Hertfordshire

DSPL

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