

NESSie

Early Years & Primary Mental Health

CONFERENCE

An opportunity for Early Years & Primary professionals to access training and network with external agencies

Friday, 29 September 2017

9am to 3:15pm

Guest Speakers

We are pleased to welcome the following guest speakers

Steve Mallen – The MindEd Trust

Claire Ely - Anna Freud National Centre for Children and Families

Jennifer Beer – Public Health Children & Young People Mental Health Improvement Lead

A choice of workshops

Launch of NESSie school staff tools	 NESSie My Time – child led, play based, developmentally reparative and nurturing intervention for schools.
	 NESSie My World and Me – a schools based, early intervention programme for children with ASD which aims to develop emotional literacy and ‘self-soothing’ techniques.
	 Assessing and Evaluating – exploring tools for assessing, measuring and evaluation of intervention. Includes symptom measures and child participation.
CAMHS	CAMHS Transformation Update - Maria Nastri, CAMHS Transformation Manager
Letchworth Centre for Healthy Living	◆ YogiMe – YogiMe childrens yoga combines story time with childrens yoga poses enriched with music, song and the magic of the child’s imagination. Come and experience how children’s yoga can help children to focus, centre themselves and strengthen their bodies and minds with breathing and visualisation techniques.
	◆ Mindfulness for children and schools – Being Present in the Moment. Come and learn what mindfulness is, the benefits for children and how it can be delivered in your school. Experience youth mindfulness for yourselves and see how it is delivered to children.
Who is the Conference For?	For up to 2 staff members per setting (NESSie contacts or involved in well-being), Headteachers, SENCOs and Family Support Workers. Booking is essential; please indicate your 1 st & 2 nd choice of workshop.
Date & Time	Friday, 29 September 2017 9am to 3:15pm
Venue	The Icknield Centre, Icknield Way, Letchworth SG6 1EF
Booking	Please email Debbie Robins, DSPL Administrator: nhdsp@wilshire.herts.sch.uk

